# Fresh Picks Newsletter

#### Farm News

Thank you to everyone who stopped out on Tuesday night for Farm Yoga! Everyone had a great time and we look forward to hosting more yoga nights in the future!

It was a beautiful summer week here at the farm. Even though it is extremely dry, the majority of our crops look great. The tomatoes are starting to ripen and we have been able to harvest a few peppers. Melons need about two weeks to ripen, but have grown a bunch this past week even without rain!

Genesee County is currently under a Drought Watch, which is the first of four levels of drought advisories. This drought watch is triggered by the New York State Drought Index, which looks at precipitation amounts, groundwater levels, lake levels, and stream flow. The 10 day forecast is showing potential rain for our area on Monday and Tuesday so keep your fingers crossed! Our plants could definitely use a drink!

### **Storage Tips**

This week your green beans, tomatillos, and cherry tomatoes are packed in brown lunch bags instead of plastic pints and quarts because we are trying to reduce our plastic use. For best results, follow these storage tips:

- Tomatillos can be stored in the paper bag in your refrigerator.
- Cherry tomatoes should be stored out of the paper bag and do not need to be refrigerated.
- Green beans should be stored unwashed in a reusable container or plastic bag in your refrigerator crisper.



<u>Pickling Cucumbers for Sale</u> Are you interested in purchasing bulk pickling cucumbers for canning? We will have half bushels and 8 quart baskets for sale in the farm store this Saturday. If you'd like to purchase some but cannot make it to the store, send us an email at csa@porterfarms.org and we can work out an alternate time to pickup.



## In the Bag

- Zucchini
- Yellow Squash
- Cucumbers
- Green Beans
- Bunched Onions Green Cabbage
- Cherry Tomatoes
- Tomatillos



Georgia loves snacking on our green beans

Week 7: 2022

### MEET YOUR FARMER

Pete Metzler, Farmer/Mechanic/Contractor/Keeps the Beat

Introducing Pete Metzler, our Mr. Fix-It at the farm! Pete has been an official member of the Porter family since 2014 and since May has been working full time at the farm. While he didn't grow up in farming, his diverse background has taught him many skills that are applicable on the farm today.

Pete grew up in Batavia and was very active in music as a drummer. After high school he attended SUNY Purchase and majored in Studio Production. Much to his parents chagrin, he dropped out of college and moved to California with his band. His band Down to Earth Approach signed with a record label, made two records, and traveled on Warped Tour and played with Dashboard Confessional, Saves the Day, and Plain White T's. Check them out in Spotify or Pandora so he can make some pennies in his royalty check (haha). In 2007 the band split up, and Pete moved back to NY to continue with his bachelors degree. This time he enrolled at SUNY Brockport and completed his BS in Business Adminisration. After graduation, he worked at Kistner Concrete in sales and the fleet department. He also worked at a conventional farm in Byron where he learned a lot about agriculture.

On a day-to-day basis Pete can be found doing the following things: fixing equipment, fitting ground, planting, working with livestock, making deliveries, managing irrigation, and riding around the farm with his best pal Charlie. In his spare time, Pete enjoys mountain biking, drumming, being a dad to the three cutest girls, and mowing the lawn.

### Q & A's with Pete:

- Q: What is your favorite Movie? Waynes World or Spies Like Us
- Q: What is your favorite Color? Dark Green
- Q: What is your favorite type of Music? Good music. Not country music.
- Q: What is your dream vehicle? 1990 Volvo 740 Turbo Wagon Q: Are You a good Cook? I don't know. I suppose.
- Q: What is something that you wish you were gifted at doing? Playing piano.
- Q: Can you dance and sing? I can't really dance, I think I can sing.
- Q: What is the best place you have ever traveled to and why? Vancouver Island because it's beautiful.
- Q: If you could eat lunch with one famous person, who would it be? Ozzy Osbourne.
- Q: If you had the opportunity to go to space would you? No, I like it on Earth.
- Q: What is the best part of your job? Finishing a project that you've worked really hard on. Q: What is your favorite vegetable? Right now, tomato berries because they're in season.









### **Recipe Ideas:**

Homemade Roasted Tomatillo Salsa Sauteed Green Beans and Cherry Tomatoes Green Cabbage Cucumber Salad

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